



**Would you like to submit a story, writing, art or photo to “Focus on Fabulous” magazine?**

Focus on Fabulous magazine is a print and online quarterly publication provided by subscription only dedicated to showcasing the beauty that is often unseen or unnoticed. Every issue celebrates today’s woman by bringing to light the incredible talent, vision and tenacity she brings to her community and even the world. It reveals the lives she touches, the obstacles she’s defeated and the differences she’s made around her. It is designed to encourage, empower, educate and inspire women through stories, accolades, triumphs and challenges. Women often present themselves by who they are—in business or as someone’s mother, daughter, wife, sister, etc. This magazine is their chance to toot their horn, to shine. This is their tribute.

Male or female, our goal is to move our readers’ hearts and souls through the stories, articles and beautiful images. Within its pages we hope you will find something to inspire, uplift, encourage or empower you or someone you know.

Focus on Fabulous magazine proudly focuses on revealing the unseen beauty and countless miracles that are all around us each and every day. This publication celebrates the women who somehow, in their own small corner of the globe, are making a huge impact. We are honored you are considering sharing in that vision with your submission or contribution.

Personal submissions are accepted and will be considered and published on a space-availability basis.

*At Focus on Fabulous magazine we believe:*

- *Everyone has a story that needs to be heard*
- *Everything has beauty—you just have to see it*
- *Every day is a gift*
- *Empowered women are the unsung heroes of our day*

What we are looking for:

**-Personal stories:** We are currently looking for original stories and poetry that showcase a “WOW moment” like a trial overcome, obstacle defeated, life is good, simple pleasures, life lessons, mommy moments, taking it slow, embracing yourself, etc. Submitted work should be less than 500 words and include at least an accompanying headshot photograph. We reserve the right to pair words with other photographs if needed.

**- Additional information:** Do you have a specific topic you enjoy talking about or have a special talent or gift? Have you experienced a random act of kindness, small gesture or something that simply made an impact on you or someone you know? Share those with us as well. We love showcasing wonderfulness, and you can boast of being a “published writer.”

**-Small businesses:** Are you interested in sharing your small business expertise, enthusiasm and tenacity while also promoting your business? Although we are an ad-free publication we have special business collaboration packages to fit any budget and help you promote not only your business but your passion as well. For more information, email [fomagazine@mail.com](mailto:fomagazine@mail.com).

Focus on Fabulous magazine is released on a quarterly basis. In addition to other content our overall (hidden) consistent themes are as follows:

**FALL:** (September, October, November)- change, transformation, adjustment (*Deadline July 30*)

**WINTER:** (December, January, February)- out with the old in with the new (*Deadline September 30*)

**SPRING:** (March, April, May)- renewal, spring cleaning, new growth (*Deadline January 30*)

**SUMMER:** (June, July, August) – fun, frolic, color, happiness (*Deadline April 30*)

### **SUBMISSION REQUIREMENTS:**

All submissions MUST be sent digitally to [fomagazine@mail.com](mailto:fomagazine@mail.com). We cannot be responsible for any submissions that come from any other medium. You WILL get a reply that we have received your submission so if you send it and do not hear back that means we did NOT receive it. **General articles should be between 300-500 words (no more than 700).** *If you are writing for Freedom of Letting Go Being Fabulous doing the “man”dane or Juggle Struggle the max is 800 words.* Please provide at least two images in addition to your head shot.

Please note that to be accepted for publication, photographs and illustrations must be high resolution (300 dpi at least 6x6 in size). Acceptable formats are: JPEG, TIFF and PDF. Please include your name and mailing address clearly written with all submissions. Your mailing address is needed so a complimentary issue can be sent to you once your submission is published. Additional copies may be purchased by you online. For multiple copies over six a discount may be available. Email [fomagazine@mail.com](mailto:fomagazine@mail.com) to see if you qualify. Failure to follow these guidelines may result in your work not being considered.

**NOTE:** Often a submission may be better suited for an upcoming issue. Focus on Fabulous magazine reserves the right to edit, rewrite, refuse or reuse material submitted. We prefer work that has not been previously submitted in other printed or online publications and reserve the right to make that choice.

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