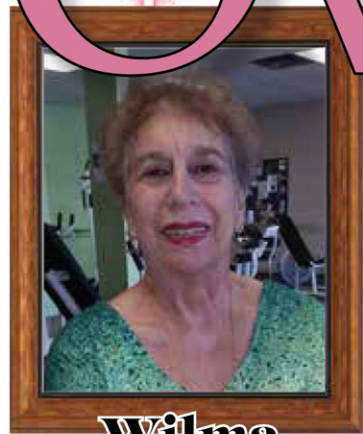


# Over 50 &



**Wilma**

The Fabulous Wilma Dobbie is 76 years young. She is originally from Detroit, Michigan. She now resides in San Antonio, Texas near her family. She enjoys working out at Curves and spending time daily with friends at the local senior community center. Wilma spends time with family each week, loves nature, reading books and her Bible when the opportunities for a little peace and quiet come along.



**Joan**

Joan, age 67, states, "I don't think that I'm fabulous, just that I have experienced many fabulous things." She had a normal childhood except she is the oldest of 13 children. She has two amusing sons. Her employment was always in the financial field where after 27 years, she took an early retirement in 2005.

In the early 1990's Joan rebuilt a 1932 Ford Roadster from a bare frame up. It took 3 years to get it on the road but she did it!

After retiring, Joan and her husband sold just about all our possessions, bought a large motor home and traveled all over North America. For over seven years they visited 45 states including Alaska, 5 Canadian Provinces, and 3 Mexican states and worked at several seasonal, fun jobs like campgrounds, amusement parks, and even a Christmas season at Amazon while traveling.

In 2012, they sold their motorhome and bought a home with ten acres in the panhandle of Florida and although her husband passed away in 2013, Joan loves Florida and does most of the repairs and maintenance on her house and property, including cutting 5 acres of grass herself.



**Cathy**

Cathy, age 54, an Herbalife wellness coach, juggles her business, multiple jobs, kids, grandkids, community volunteer opportunities, workouts for kids and seniors, and at a time when many in life are settling in their comfort zones, has chosen her 50's as the decade to transform herself. Her son boasts by saying, "Mom, you work hard and still take care of everyone who needs you, and you keep your sense of humor when things don't go the way you planned." Cathy woke up on her 50th birthday and realized she had not yet become the woman she wished to be, like a caterpillar stuck in her cocoon, and made it her mission to burst free. On the go constantly to her next adventure, her greatest passion is to inspire women to make themselves and their health a priority and to take forward steps daily towards their dream goals. Her most often offered advice is to start every day by looking at yourself in the mirror and tell the person you see there that you love her or him!

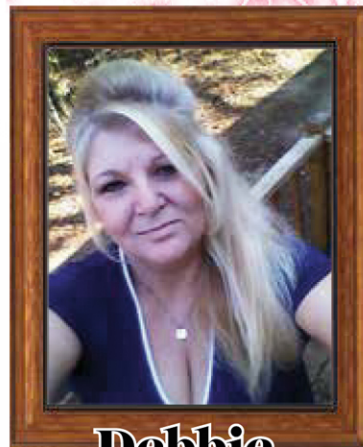


**Jenny**

Jenny Snow, 57, is the lead singer, rhythm guitarist & co-founder of BROKEN ARROW created in 2010. Delivering with high energy, new and yesterday country, classic and southern rock along with some rhythm n' blues, she has been playing guitar and singing since a young age. Throughout her life music has been her passion. Adding bass, mandolin & Keys to her skills makes her a "Triple Threat". Among others, Jenny has shared the stage with many southern rock legends such as Rock & Roll Hall of Fame Bob Burns first original drummer & founder of Lynryd Skynryd, Greg T. Walker Bassist & founder of Blackfoot, one of the most driven southern rock bands to ever grace the stage!

She also owns & manages a Shabby Chic Antique Furniture & Home Decor store in Bonneau, South Carolina where one can find unusual & rare collectible gifts, jewelry & more.

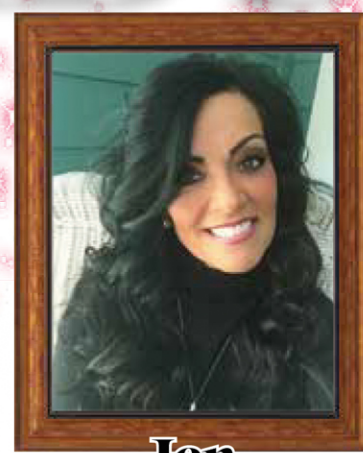
# FABULOUS



**Debbie**

Debbie, age 52 was born and raised in Ladson, South Carolina. She has a bachelor's degree, four associates and four years ago earned her doctorates degree in Divinity. She is the author of a book titled *Hidden Lies* available on Amazon to help battered women, and was presented the First Humanitarian Award three times for community work for homeless veterans and battered women.

She drives a 1993 fox body mustang and motorcycles, enjoys hiking, camping and loves to float the mighty Edisto River. She also holds a concealed license and love quail and rabbit hunting and fish. Although never having had children and been a mother, she prides herself on having many looks.

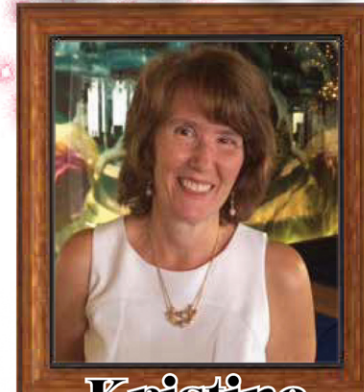


**Jen**

Jen, age 50 never considered herself fabulous, just driven. Ever since she was young she learned there wasn't anything she couldn't do. She became the owner of an Italian restaurant at age 48 after being in the food industry since age 15.

She says a day at work never feels like work because she loves what she does. "I knew my dream and I never stopped working toward that dream and praise God he gave me the wonderful gift of my restaurant." She shares the workload with her business partner son and her two daughters.

Balancing her 14-hour work days, stacks of paperwork, phone calls, emails, baking the restaurant desserts, taking care of 3 dogs and 3 kids can be a bit overwhelming, but every day she is reminded that she is a "petite powerhouse. My dream, my joy, my peace, my life...and I absolutely love it!"



**Kristine**

Kristine, age 50, has a compassion for caring, giving of her time and promoting success to non-profit organizations with her marketing company.

Born in Puerto Rico, the daughter of a Navy Sailor, she moved to Charleston at seven years old and has lived in Summerville ever since.

Kristine has great faith and believes in transforming dreams into real world events. One of her greatest joys has been six years of granting children with life threatening illnesses their wishes through the Make-A-Wish South Carolina. Through this experience, Kristine became the Lowcountry Regional Director for Make-A-Wish South Carolina and assisted in scrapbooking fundraiser events to raise awareness and funds for the organization.

She currently enjoys making reservations for locals and tourists on one of the Charleston Harbor Tours. She also assists in the marketing campaign for I'On 5k Firecracker Race benefiting the non-profit organization, I Got Legs-One Million Step ReEnabled Race Tour.

Her interests include: learning, exercising, reading, scrapbooking, going to beach and spending time with her family, especially her one year old granddaughter.



**Janet Lee**

JanetLee, age 52, is a lady that loves simplicity, people, nature and has various hobbies such as: reading, cooking hike, kayaking and being outdoors. She is retired with a passion to learn about health and share her knowledge with others.

She considers herself an encourager, a listener, and enjoys sunsets and her oneness with God.

JanetLee is also our cover model for this issue of Focus on Fabulous magazine.



**Mary**

Mary, age is a publicist who hails from Portland, Maine (the City by the Sea) which is another historic, foodie and tourism town like Charleston.

Mary's fabulous at analyzing and writing good press releases that garner consistent media coverage, is a great interviewer, and a wonderful singer. She has sung everything from oldies to Motown to R&B to disco/funk and now, blues with her talented blues musician Ron.

*Aging is not lost youth but  
a new stage of opportunity  
& strength.*

~Betty Friedman